

## DAFTAR PUSTAKA

1. Makmun D. Buku Ajar Ilmu Penyakit Dalam. VI. Sudoyo A, Setiyohadi B, Alwi I, Simadibrata M, Setiati S, editors. Jakarta: Intrena Publishing; 2015. 1750–7 p.
2. Wilson JF. Gastroesophageal Reflux Disease. *Annals of Internal Medicine* [Internet]. 2008 Aug 5 [cited 2022 Jan 31];149(3):ITC2-1. Available from: <http://annals.org/article.aspx?doi=10.7326/0003-4819-149-3-200808050-01002>
3. Fahrial A, Chaidir S, Kaka A, Marcellus R, Murdani S, Tjahjadi A, et al. Revisi Konsensus Nasional Penatalaksanaan Penyakit Refluks Gastroesofageal (Gastroesophageal Reflux Disease/GERD) di Indonesia. *Perkumpulan Gastroenterologi Indonesia*. 2013;
4. Rantanen TK, Sihvo EIT, Räsänen J v., Salo JA. Gastroesophageal reflux disease as a cause of death is increasing: analysis of fatal cases after medical and surgical treatment. *Am J Gastroenterol* [Internet]. 2007 Feb [cited 2022 Apr 1];102(2):246–53. Available from: <https://pubmed.ncbi.nlm.nih.gov/17156140/>
5. Jung H-K. Epidemiology of Gastroesophageal Reflux Disease in Asia: A Systematic Review. *Journal of Neurogastroenterology and Motility* [Internet]. 2011 Jan 31 [cited 2022 Jan 31];17(1):14–27. Available from: <http://www.jnmjournal.org/journal/view.html?doi=10.5056/jnm.2011.17.1.14>
6. Syam A, Abdullah M, Rani A. Prevalence of reflux esophagitis, Barret's esophagus and esophageal cancer in Indonesian people evaluation by endoscopy. *Canc Res Treat*. 2003;(5):83.
7. Syam A, Abdullah M, Makmun D. GerdQ Online Survey: Prevalence and Risk Factors of GERD in the Indonesian Population [Internet]. *American Journal of Gastroenterology*. 2015 [cited 2022 Feb 17]. Available from:

- [https://journals.lww.com/ajg/Fulltext/2015/10001/GerdQ\\_Online\\_Survey\\_\\_Prevalence\\_and\\_Risk\\_Factors.1664.aspx](https://journals.lww.com/ajg/Fulltext/2015/10001/GerdQ_Online_Survey__Prevalence_and_Risk_Factors.1664.aspx)
8. Suryana I, Mariadi I, Somyana G, Suryadarma I, Purwadi N, Wibawa I. Prevalensi Esofagitis Pada Pasien Yang Menjalani Endoskopi Saluran Cerna Bagian Atas Di RSUP Sanglah Tahun 2015. 2015 [cited 2022 Apr 1]; Available from: [https://simdos.unud.ac.id/uploads/file\\_penelitian\\_1\\_dir/dc2f949ee95cc48e3c003c8e6ed0eb58.pdf](https://simdos.unud.ac.id/uploads/file_penelitian_1_dir/dc2f949ee95cc48e3c003c8e6ed0eb58.pdf)
  9. Patala R, Tandi J, Ulzmi N, Fahrudin F. Rasionalitas Penggunaan Obat Pada Pasien GERD Di Instalasi Rawat Inap Rumah Sakit Umum Anutapura Palu. JPSCR: Journal of Pharmaceutical Science and Clinical Research. 2021 Mar 17;6(1):62.
  10. Miftahussurur M, Doohan D, Nusi IA, Adi P, Rezkitha YAA, Waskito LA, et al. Gastroesophageal reflux disease in an area with low Helicobacter pylori infection prevalence. PLOS ONE [Internet]. 2018 Nov 1 [cited 2022 Jan 31];13(11). Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0205644>
  11. Radjiman Irvania, Nusi Iswan A, Kalanjati VP. PROFIL PENDERITA GASTRO ESOPHAGEAL REFLUX DISEASE (GERD) DAN NON-EROSIVE REFLUX DISEASE (NERD) DI RSUD DR. SOETOMO SURABAYA. 2019.
  12. Tarigan RC, Pratomo B. Analisis Faktor Risiko Gastroesofageal Refluks di RSUD Saiful Anwar Malang Gastroesophageal Reflux Risk Factor Analysis at Saiful Anwar Hospital in Malang. Vol. 6, Jurnal Penyakit Dalam Indonesia |. 2019.
  13. Waschke J, Bockers T, Paulsen F. Buku Ajar Anatomi Sobotta. 1st ed. Singapore: Elsevier; 2017. 286–291 p.
  14. Waschke J, Bockers T, Paulsen F. Buku Ajar Anatomi Sobotta. 1st ed. Singapore: Elsevier; 2017. 306–313 p.

15. Sherwood L. Fisiologi Manusia dari Sel ke Sistem. 9th ed. Jakarta: Penerbit Buku Kedokteran EGC; 2018. 680–683 p.
16. Sherwood L. Fisiologi Manusia dari Sel ke Sistem. 9th ed. Jakarta : Penerbit Buku Kedokteran EGC; 2018. 683–688 p.
17. Malagelada JR, Bazzoli F, Boeckxstaens G, de Looze D, Fried M, Kahrilas P, et al. World gastroenterology organisation global guidelines. *Journal of Clinical Gastroenterology* [Internet]. 2015 Apr 22 [cited 2022 Jan 31];49(5):370–8. Available from: [https://journals.lww.com/jcge/Fulltext/2015/05000/World\\_Gastroenterology\\_Organisation\\_Global.5.aspx](https://journals.lww.com/jcge/Fulltext/2015/05000/World_Gastroenterology_Organisation_Global.5.aspx)
18. Mostaghni A, Mehrabani D, Khademolhosseini F, Masoumi SJ, Moradi F, Zare N, et al. Prevalence and risk factors of gastroesophageal reflux disease in Qashqai migrating nomads, southern Iran. *World Journal of Gastroenterology : WJG* [Internet]. 2009 Feb 28 [cited 2022 Jan 31];15(8):961. Available from: </pmc/articles/PMC2653400/>
19. Zheng Z, Nordenstedt H, Pedersen NL, Lagergren J, Ye W. Lifestyle Factors and Risk for Symptomatic Gastroesophageal Reflux in Monozygotic Twins. *Gastroenterology*. 2007 Jan 1;132(1):87–95.
20. Taraszewska A, Instytut Zdrowia Publicznego -Państwowy Zakład Higieny N, Edukacji Z. RISK FACTORS FOR GASTROESOPHAGEAL REFLUX DISEASE SYMPTOMS RELATED TO LIFESTYLE AND DIET. *Rocz Panstw Zakl Hig* [Internet]. 2021 [cited 2022 Jan 31];72(1):21–8. Available from: [http://wydawnictwa.pzh.gov.pl/roczniki\\_pzh/](http://wydawnictwa.pzh.gov.pl/roczniki_pzh/)
21. Jozkozv P, Wasko-Czopnik D, Medras M, Paradowski L. Gastroesophageal Reflux Disease and Physical Activity. *Sports Medicine* 2006 36:5 [Internet]. 2012 Oct 23 [cited 2022 Feb 1];36(5):385–91. Available from: <https://link.springer.com/article/10.2165/00007256-200636050-00002>

22. Pandeya N, Green AC, Whiteman DC, Webb PM, Hayward NK, Parsons PG, et al. Prevalence and determinants of frequent gastroesophageal reflux symptoms in the Australian community. *Diseases of the Esophagus* [Internet]. 2012 Oct 1 [cited 2022 Feb 1];25(7):573–83. Available from: <https://academic.oup.com/dote/article/25/7/573/2328526>
23. Nirwan JS, Hasan SS, Babar ZUD, Conway BR, Ghori MU. Global Prevalence and Risk Factors of Gastro-oesophageal Reflux Disease (GORD): Systematic Review with Meta-analysis. *Scientific Reports* 2020 10:1 [Internet]. 2020 Apr 2 [cited 2022 Feb 1];10(1):1–14. Available from: <https://www.nature.com/articles/s41598-020-62795-1>
24. Hallan A, Bomme M, Hveem K, Møller-Hansen J, Ness-Jensen E. Risk factors on the development of new-onset gastroesophageal reflux symptoms. A population-based prospective cohort study: The HUNT study. *American Journal of Gastroenterology* [Internet]. 2015 Mar 10 [cited 2022 Jan 31];110(3):393–400. Available from: [https://journals.lww.com/ajg/Fulltext/2015/03000/Risk\\_Factors\\_on\\_the\\_Development\\_of\\_New\\_Onset.11.aspx](https://journals.lww.com/ajg/Fulltext/2015/03000/Risk_Factors_on_the_Development_of_New_Onset.11.aspx)
25. Argyrou A, Legaki E, Koutserimpas C, Gazouli M, Papaconstantinou I, Gkiokas G, et al. Risk factors for gastroesophageal reflux disease and analysis of genetic contributors. *World Journal of Clinical Cases* [Internet]. 2018 [cited 2022 Jan 31];6(8):176. Available from: </pmc/articles/PMC6107529/>
26. Emerenziani S, Rescio MP, Guarino MPL, Cicala M. Gastroesophageal reflux disease and obesity, where is the link? *World Journal of Gastroenterology: WJG* [Internet]. 2013 Oct 21 [cited 2022 Feb 1];19(39):6536. Available from: </pmc/articles/PMC3801365/>
27. Esmailzadeh A, Keshteli AH, Feizi A, Zaribaf F, Feinle-Bisset C, Adibi P. Patterns of diet-related practices and prevalence of gastro-

- esophageal reflux disease. *Neurogastroenterology & Motility* [Internet]. 2013 Oct 1 [cited 2022 Feb 1];25(10):831-e638. Available from: <https://onlinelibrary.wiley.com/doi/full/10.1111/nmo.12192>
28. Wildi S, Tutuian R, Castell D. The Influence of Rapid Food Intake on Postprandial Reflux: S...: Official journal of the American College of Gastroenterology | ACG [Internet]. *American Journal of Gastroenterology*. 2004 [cited 2022 Feb 1]. p. 1645–51. Available from: [https://journals.lww.com/ajg/Abstract/2004/09000/The\\_Influence\\_of\\_Rapid\\_Food\\_Intake\\_on\\_Postprandial.6.aspx](https://journals.lww.com/ajg/Abstract/2004/09000/The_Influence_of_Rapid_Food_Intake_on_Postprandial.6.aspx)
29. Çela L, Kraja B, Hoti K, Toçi E, Muja H, Roshi E, et al. Lifestyle Characteristics and Gastroesophageal Reflux Disease: A Population-Based Study in Albania. *Gastroenterology Research and Practice* [Internet]. 2013 [cited 2022 Jan 31];2013. Available from: </pmc/articles/PMC3595718/>
30. Lee J, Anggiansah A, Anggiansah R, Young A, Wong T, Fox M. Effects of Age on the Gastroesophageal Junction, Esophageal Motility, and Reflux Disease. *Clinical Gastroenterology and Hepatology*. 2007 Dec 1;5(12):1392–8.
31. Heaney LG, Conway E, Kelly C, Johnston BT, English C, Stevenson M, et al. Predictors of therapy resistant asthma: outcome of a systematic evaluation protocol. *Thorax* [Internet]. 2003 Jul 1 [cited 2022 Jan 31];58(7):561–6. Available from: <https://thorax.bmj.com/content/58/7/561>
32. Kumar S, Sharma S, Norboo T, Dolma D, Norboo A, Stobdan T, et al. Population based study to assess prevalence and risk factors of gastroesophageal reflux disease in a high altitude area. *Indian Journal of Gastroenterology* 2010 30:3 [Internet]. 2010 Dec 23 [cited 2022 Jan 31];30(3):135–43. Available from: <https://link.springer.com/article/10.1007/s12664-010-0066-4>

33. Saputera MD, Budianto W. Diagnosis dan Tata Laksana Gastroesophageal Reflux Disease (GERD) di Pusat Pelayanan Kesehatan Primer. *Cermin Dunia Kedokteran* [Internet]. 2017 May 1 [cited 2022 Jan 31];44(5):329–32. Available from: <http://www.cdkjournal.com/index.php/CDK/article/view/797>
34. de Giorgi F, Palmiero M, Esposito I, Mosca F, Cuomo R. Pathophysiology of gastro-oesophageal reflux disease. *Acta Otorhinolaryngologica Italica* [Internet]. 2006 Oct [cited 2022 Mar 21];26(5):241. Available from: </pmc/articles/PMC2639970/>
35. Tack J, Pandolfino J. Pathophysiology of Gastroesophageal Reflux Disease. *Gastroenterology*. 2018;154:277–88.
36. Murray L, Johnston B, Lane A, Harvey I, Donovan J, Nair P, et al. Relationship between body mass and gastro-oesophageal reflux symptoms: The Bristol Helicobacter Project. *International Journal of Epidemiology* [Internet]. 2003 Aug 1 [cited 2022 Feb 3];32(4):645–50. Available from: <https://academic.oup.com/ije/article/32/4/645/666982>
37. de Giorgi F, Palmiero M, Esposito I, Mosca F, Cuomo R. Pathophysiology of gastro-oesophageal reflux disease. *Acta Otorhinolaryngologica Italica* [Internet]. 2006 Oct [cited 2022 Jan 31];26(5):241. Available from: </pmc/articles/PMC2639970/>
38. Sudoyo A, Setiyohasi B, Alwi I, Setiadi S, Simbadibrata M. *Buku Ajar Ilmu Penyakit Dalam*. 5th ed. Vol. 1. Jakarta: Interna Publishing ; 2009.
39. Broderick R, Fuchs KH, Breithaupt W, Varga G, Schulz T, Babic B, et al. Clinical Presentation of Gastroesophageal Reflux Disease: A Prospective Study on Symptom Diversity and Modification of Questionnaire Application. *Digestive Diseases* [Internet]. 2020 May 1 [cited 2022 Jan 31];38(3):188–95. Available from: <https://www.karger.com/Article/FullText/502796>

40. Sami SS, Rangunath K. The Los Angeles Classification of Gastroesophageal Reflux Disease. *Video Journal and Encyclopedia of GI Endoscopy*. 2013 Jun 1;1(1):103–4.
41. Prakash Gyawali C, Kahrilas PJ, Savarino E, Zerbib F, Mion F, Smout AJPM, et al. Modern diagnosis of GERD: the Lyon Consensus. *Gut* [Internet]. 2018 May 16 [cited 2022 Jan 31];67(7):1351. Available from: [/pmc/articles/PMC6031267/](https://pubmed.ncbi.nlm.nih.gov/3031267/)
42. Young A, Kumar M, Thota P. GERD: A practical approach. *Cleveland Clinic Journal of Medicine* [Internet]. 2020 [cited 2022 Jan 31];87(4):223–30. Available from: [www.ccjm.org](http://www.ccjm.org)
43. Gelhot AR, Scott M. Gastroesophageal Reflux Disease: Diagnosis and Management. *American Family Physician*. 1999 Mar 1;59(5):1161.
44. Clarrett DM, Hachem C. Gastroesophageal Reflux Disease (GERD). *Missouri Medicine* [Internet]. 2018 [cited 2022 Jan 31];115(3):214. Available from: [/pmc/articles/PMC6140167/](https://pubmed.ncbi.nlm.nih.gov/3031267/)
45. Iraswati S. Penatalaksanaan Gastroesophageal Refluks Disease (GERD). *Rasional* [Internet]. 2011 [cited 2022 Jan 31];11(1):8. Available from: <http://repository.ubaya.ac.id/21354/1/RASIONAL%20Vol%2011%20No%201.pdf>
46. Fuchs KH, Lee AM, Breithaupt W, Varga G, Babic B, Horgan S. Pathophysiology of gastroesophageal reflux disease—which factors are important? *Translational Gastroenterology and Hepatology* [Internet]. 2021 Oct 25 [cited 2022 Jan 31];6(0). Available from: <https://tgh.amegroups.com/article/view/5788/html>
47. Nian YY, Feng C, Jing FC, Wang XQ, Zhang J. Reflux characteristics of 113 GERD patients with abnormal 24-h multichannel intraluminal impedance-pH tests. *Journal of Zhejiang University: Science B* [Internet]. 2015 Sep 22 [cited 2022 Mar

- 29];16(9):805–10. Available from:  
<https://link.springer.com/article/10.1631/jzus.B1500027>
48. Nwokediuko S. Gastroesophageal Reflux Disease: A Population Based Study. *Gastroenterology Research* [Internet]. 2009 [cited 2022 Jan 31];2(3):152. Available from: </pmc/articles/PMC5139706/>
49. Ilanur A. Hubungan antara konsumsi makanan pedas dengan gastroesophageal reflux disease pada usia 40-60 tahun. *SKRIPSI-2016* [Internet]. 2019 Sep 10 [cited 2022 Feb 8]; Available from: [http://repository.trisakti.ac.id/usaktiana/index.php/home/detail/detail\\_koleksi/0/SKR/judul/000000000000000098048/0](http://repository.trisakti.ac.id/usaktiana/index.php/home/detail/detail_koleksi/0/SKR/judul/000000000000000098048/0)
50. Dent J, El-Serag HB, Wallander MA, Johansson S. Epidemiology of gastro-oesophageal reflux disease: A systematic review. *Gut*. 2005 May;54(5):710–7.
51. Chen T, Lu M, Wang X, Yang Y, Zhang J, Jin L, et al. Prevalence and risk factors of gastroesophageal reflux symptoms in a Chinese retiree cohort. *BMC Gastroenterology* [Internet]. 2012 Nov 15 [cited 2022 Jan 31];12:161. Available from: </pmc/articles/PMC3573958/>
52. Ajjah B, Mamfaluti T, Putra T. HUBUNGAN POLA MAKAN DENGAN TERJADINYA GASTROESOPHAGEAL REFLUX DISEASE (GERD). *Journal of Nutrition Collage* [Internet]. 2020;9(3):169–79. Available from: <http://ejournal3.undip.ac.id/index.php/jnc/>
53. de Oliveira SS, dos Santos IDS, da Silva JFP, Machado EC. [Gastroesophageal reflux disease: prevalence and associated factors]. *Arq Gastroenterol* [Internet]. 2005 [cited 2022 Apr 3];42(2):116–21. Available from: <https://pubmed.ncbi.nlm.nih.gov/16127568/>
54. Shaha M, Perveen I, Alamgir MJ, Masud MH, Rahman MH. Prevalence and risk factors for gastro-esophageal reflux disease in the North-Eastern part of Bangladesh. *Bangladesh Medical Research Council Bulletin* [Internet]. 2012 [cited 2022 Apr 3];38(3):108–13.



- Available from:  
<https://www.banglajol.info/index.php/BMRCB/article/view/14338>
55. He J, Ma X, Zhao Y, Wang R, Yan X, Yan H, et al. A population-based survey of the epidemiology of symptom-defined gastroesophageal reflux disease: The Systematic Investigation of Gastrointestinal Diseases in China. *BMC Gastroenterology* [Internet]. 2010 Aug 15 [cited 2022 Feb 3];10(1):1–10. Available from:  
<https://bmcgastroenterol.biomedcentral.com/articles/10.1186/1471-230X-10-94>
56. de Baere T, Gomes FV, Gerardo T, Malagari K, Verset G, Bruix J, et al. SO-10 Occupational physical activity and the risk of gastroesophageal reflux disease, Barrett's oesophagus and oesophageal adenocarcinoma: A prospective cohort study in UK Biobank. *Annals of Oncology* [Internet]. 2020 Jul 1 [cited 2022 Feb 3];31:S220–1. Available from:  
<http://www.annalsofoncology.org/article/S0923753420393248/fulltext>
57. Pregun I, Bakucz T, Banai J, Molnár L, Pavlik G, Altorjay I, et al. Gastroesophageal Reflux Disease: Work-Related Disease? *Digestive Diseases* [Internet]. 2009 May [cited 2022 Feb 3];27(1):38–44. Available from: <https://www.karger.com/Article/FullText/210102>
58. Jozkozv P, Wasko-Czopnik D, Medras M, Paradowski L. Gastroesophageal Reflux Disease and Physical Activity. *Sports Medicine* 2006 36:5 [Internet]. 2012 Oct 23 [cited 2022 Apr 3];36(5):385–91. Available from:  
<https://link.springer.com/article/10.2165/00007256-200636050-00002>
59. Jang SH, Ryu HS, Choi SC, Lee SY. Psychological factors influence the gastroesophageal reflux disease (GERD) and their effect on quality of life among firefighters in South Korea.

- <http://dx.doi.org/101080/1077352520161235675> [Internet]. 2016 Oct 1 [cited 2022 Feb 3];22(4):315–20. Available from: <https://www.tandfonline.com/doi/abs/10.1080/10773525.2016.1235675>
60. Ponce J, Vegazo O, Beltrán B, Jiménez J, Zapardiel J, Calle D, et al. Prevalence of gastro-oesophageal reflux disease in Spain and associated factors. *Alimentary Pharmacology and Therapeutics*. 2006;23(1):175–84.
  61. Lagergren J, Bergström R, Nyrén O. Association between body mass and adenocarcinoma of the esophagus and gastric cardia. *Annals of Internal Medicine*. 1999 Jun 1;130(11):883–90.
  62. Lagergren J, Bergström R, Nyrén O. No relation between body mass and gastro-oesophageal reflux symptoms in a Swedish population based study. *Gut* [Internet]. 2000 Jul 1 [cited 2022 Mar 29];47(1):26–9. Available from: <https://gut.bmj.com/content/47/1/26>
  63. Andrijani PK (Poerniati), Manan C (Chudahman), Simadibrata M (Marcellus), Siregar P (Parlindungan). Specific Subjective Symptoms for Gastroesophageal Reflux Disease in Ulcer Like Dyspepsia. *Indonesian Journal of Gastroenterology, Hepatology, and Digestive Endoscopy* [Internet]. 2004 [cited 2022 Jan 31];5(1):7–14. Available from: <https://www.neliti.com/publications/67320/>
  64. Simadibrata M, Rani A, Adi P, Djumhana A, Abdullah M. The gastro-esophageal reflux disease questionnaire using Indonesian language: A language validation survey. *Medical Journal of Indonesia* [Internet]. 2011 May 1 [cited 2022 Feb 7];20(2):125–30. Available from: <http://mji.ui.ac.id/journal/index.php/mji/article/view/442>
  65. Sharma PK, Ahuja V, Madan K, Gupta S, Raizada A, Sharma MP. Prevalence, severity, and risk factors of symptomatic gastroesophageal reflux disease among employees of a large hospital in Northern India. *Indian Journal of Gastroenterology* 2010 30:3

- [Internet]. 2010 Nov 9 [cited 2022 Feb 3];30(3):128–34. Available from: <https://link.springer.com/article/10.1007/s12664-010-0065-5>
66. Carlsson R, Dent J, Bolling-Sternevald E, Johnsson F, Junghard O, Lauritsen K, et al. The Usefulness of a Structured Questionnaire in the Assessment of Symptomatic Gastroesophageal Reflux Disease. <https://doi.org/10.1080/003655298750026697> [Internet]. 2009 [cited 2022 Feb 7];33(10):1023–9. Available from: <https://www.tandfonline.com/doi/abs/10.1080/003655298750026697>
67. Barlow WJ, Orlando RC. The pathogenesis of heartburn in nonerosive reflux disease: A unifying hypothesis. *Gastroenterology* [Internet]. 2005 Mar 1 [cited 2022 Apr 3];128(3):771–8. Available from: <http://www.gastrojournal.org/article/S0016508504014040/fulltext>

