

**STUDENTS' PERCEPTIONS OF ANXIETY IN LEARNING ENGLISH  
AT SMA NEGERI 6 JAKARTA**

**UNDERGRADUATE THESIS**

**Submitted in partial fulfillment of the requirements  
for the Bachelor degree (S.Pd) of *English Language Education Study Program*  
*Faculty of Letters and Languages, Universitas Kristen Indonesia***

Arranged by

**ELISHA STEPHANY SINAGA  
1712150013**



**ENGLISH LANGUAGE EDUCATION STUDY PROGRAMME  
FACULTY OF LETTERS AND LANGUAGES  
UNIVERSITAS KRISTEN INDONESIA  
JAKARTA**

**2021**



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As the research advisors of the following student:

Name : Elisha Stephany Sinaga  
Student Reg. No. : 1712150013  
Thesis Title : Student's Perceptions of Anxiety in Learning English at  
SMA Negeri 6 Jakarta  
Date of Exam : August 4<sup>th</sup>, 2021

we certify that we have read this student's undergraduate thesis (title above), have approved changes required by the final examiners and recommended this Undergraduate Thesis to the Faculty of Letters and Languages of Universitas Kristen Indonesia to be accepted.

Advisor I,

Asri Purnamasari, M.Ed. in TESOL  
0312048906

Advisor II,

Dr. Lamhot Naibaho, S.Pd., M.Hum.  
0118118504

Head of English Language  
Education Study Program,

Hendrikus Male, S.Pd., M.Hum.

Dean of Faculty Letters and Languages,



Susanne A. H. Sihonang, S.S., M.A.



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---

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We hereby certify that:

Name : Elisha Stephany Sinaga  
Student Reg. No. : 1712150013  
Thesis Title : Students' Perceptions of Anxiety in Learning English  
Date of Exam : August 4<sup>th</sup>, 2021

has passed the undergraduate thesis examination and confirmed that this undergraduate thesis had been thoroughly examined, improved, and approved by the Board of Examiners of the English Language Education Study Program and the advisor.

Board of Examiners,

1. Hendrikus Male, S.Pd., M.Hum.

 November 5<sup>th</sup>, 2021

2. Dr. Lamhot Naibaho, S.Pd., M.Hum.

 October 25<sup>th</sup>, 2021

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## MOTTOS

**“For you are all children of God through faith  
in Christ Jesus”  
(Galatians 3:26)**



## DEDICATIONS

**I dedicate this final project to:**

My savior, My power refuge and strength:

Jesus Christ

My beloved parents:

Henry Sinaga and Surya Desmita

My beloved brothers:

Hiskey Gibran and Johannes Bierhoff

My beloved sister:

Nella Ratih

My beloved friends:

Nabila Amelia, Elmosta Azzam, Natasya Rosalinda, Elyta Eureka, Menda Martha,  
Greta Anastasia, Monalisa Aritonang and Novella Florentina

My beloved brother, friend and future:

Reinhard Adrian Donggori

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## **Students' Perceptions of Anxiety in Learning English at SMA Negeri 6 Jakarta**

(2021)

Peneliti : Elisha Stephany  
Sinaga

Pembimbing : Asri Purnamasari, M.Ed. in  
TESOL  
: Dr. Lamhot Naibaho, S.Pd.,  
M.Hum.

### **ABSTRAK**

Kecemasan adalah perasaan pribadi akan ancaman, kegelisahan, ketakutan, keraguan diri, dan kegugupan. Selain harga diri dan motivasi kecemasan merupakan aspek internal kepribadian, kecemasan adalah masalah emosional yang paling umum yang dialami seseorang terutama siswa. Kecemasan siswa memiliki pengaruh negatif terhadap pembelajaran Bahasa Inggris mereka. Banyak dari siswa juga merasa cemas dalam belajar Bahasa Inggris. Penelitian ini bertujuan untuk mengetahui kecemasan siswa dalam belajar bahasa Inggris. Penelitian ini dilakukan di SMA Negeri 6 Jakarta. Metode yang digunakan untuk memperoleh data dalam penelitian ini adalah metode kuantitatif dan kualitatif. Data kuantitatif yang dikumpulkan dengan menggunakan kuesioner dianalisis dengan menggunakan teknik deskriptif. Sedangkan data kuantitatif diperoleh melalui wawancara dan dianalisis secara deskriptif.

Berdasarkan hasil penelitian, disimpulkan bahwa sebagian besar siswa SMA merasa cemas tentang keterampilan berbicara dan menulis mereka dalam belajar bahasa Inggris. Kemudian, ada juga faktor personal dan interpersonal yang berhubungan dengan kecemasan siswa dalam belajar bahasa Inggris

Kata kunci: *Persepsi, Kecemasan Siswa, Pembelajaran Bahasa Inggris*



# **Students' Perceptions of Anxiety in Learning English at SMA Negeri 6**

**Jakarta**

(2021)

Researcher : Elisha Stephany  
Sinaga

Advisors : Asri Purnamasari, M.Ed. in  
TESOL  
: Dr. Lamhot Naibaho, S.Pd.,  
M.Hum.

## **ABSTRACT**

Anxiety is a personal feeling of being threatened, uneasiness, apprehension, self-doubt, and nervousness. Besides, self-regard and motivation anxiety is an internal aspect of personality. Anxiety is the most common emotional issue that someone experiences, especially students. The anxiety of students has a negative influence on their learning English. Many of the students also felt anxious in learning English. This study aimed to investigate the anxiety of students in learning English. This study was conducted in SMA Negeri 6 Jakarta. The method was used to obtain data in this study was the quantitative and qualitative method. The quantitative data collected using the questionnaire were analyzed by using the descriptive technique. In contrast, the quantitative data was obtained through the interview and analyzed descriptively.

Based on the result of the study, it was concluded that most high school students felt anxious about their speaking and writing skills in learning English. Then, there are also personal and interpersonal factors related to students' anxiety in learning English.

Keywords: *Perception, Students' Anxiety, Learning English*