

CHAPTER I

INTRODUCTION

A. Background Issue

Before we discuss about students behavior, and the school's meal policy that includes the canteen facility, we should start this research by discussing the meaning of education itself. The main objective and purpose parents sending their children to school is mainly to get formally educated through lessons of natural science, social science, arts and other subjects that will be utilized in their adult productive lives. Therefore it is extremely important to educate our children, for the continuity of our civilization.

“The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education.” Martin Luther King, Jr.

Education has always been a very important issue for all nations in the world, because education itself deals with the continuity of human brilliance and achievements to a better tomorrow. In spite of the importance, suprizingly many nations in this modern world do not consider it as a priority. For developing countries, providing food and shelter is still the their utmost priority, and education is still a tertiary need or a luxury.

The recent trend in the education world right now are educational brand jargons such as “The 21st century learning” and “Holistic Education”. These brand jargons are being overly exploited and used by educational institutions in order to gain interest from potential parents that are looking for high quality schools, even though sometimes the schools that use those jargons to market their schools don't actually implement the real meaning of the holistic education and the 21st century learning method.

The meaning of a well-rounded or the holistic education is a philosophy of education based on the premise that each person finds identity, meaning, and purpose in life through connections to the community, to the natural world, and to humanitarian values such as compassion and peace. Holistic education aims to call forth from people an intrinsic reverence for life and a passionate love of learning. From this definition, we can see that education is much more than just achieving a high score on our academic but also the process or experience of education. From this experience students develop more from education such as character and critical thinking, rather than just preparing themselves for a standardized national test, in which that they don't get educated with actual knowledge, but exposed with just test strategies.

Education in Indonesia has been a concern, considering the countless problems we have in dealing with the many issues, such as the quality of education in our public schools, and the facility needed to support their education. The main problem is that these issues are not treated as a priority of problem and not given the proper attention and addressed seriously by the Indonesian government in order to find a solution. Let alone the core problem such as the quality of the new curriculum of 2013 and quality of teachers, that are able to apply it, the quality of the schools facility such as the canteen facility would not be considered as an important matter.

According to John Dewey *education is the process of facilitating learning, or the acquisition of knowledge, skills, values, beliefs, and habits. Educational methods include storytelling, discussion, teaching, training, and directed research* (Dewey, 2004, pp. 1-4). Education frequently takes place under the guidance of educators, but learners may also educate themselves. From this definition of education we can emphasize on the word “facilitating learning” in which this research is focusing on, particularly school facilities such as the school canteen.

The importance of school facility specifically regarding school canteen, until now has not been the Indonesian Education Department's priority, considering other

more urgent matters that seems to be more important to be handled, such as limited access of education in rural areas, number of qualified teachers is still not evenly distributed in rural areas, number of children that have dropped out of school in Indonesia is still high. "Based on the Ministry's data in 2010, there are more than 1.8 million children each year cannot continue their education. This is caused by three factors, namely economic factors, children who are forced to work to support the family, and marriage at an early age," according to the Directorate General of Higher Education Secretary Dr. Ir. Patdono Suwignjo, M. Eng, Sc in Jakarta. From these major problems of education, it is very understandable for canteen facility and meal policy would not be a priority of the government to find the best solution for the problem, but in order for us to compete academically with other schools in other countries, especially South East Asian countries, we need to address all issues, in order for Indonesia to be compatible in the 21st century educational needs.

In this research thesis we will explore the connection and effect between the availability of a proper canteen facility and the student's meal policy towards the student's behavior in school. This research will also acknowledge the importance of a meal policy for students in utilizing the school canteen, and the connection towards the student's behavior in their education process and experience in school.

B. Reasearch Focus

The school meal policy that managed the school canteen facility has not been seriously considered as an importance for the student's behavior in the Indonesian school. This is shown from the unavailability of a canteen or an eating area for students, staff and teachers in the most school premises in Indonesia. In accordance with the Indonesian school standard policy in the "*PERATURAN MENTERI PENDIDIKAN NASIONAL NOMOR 24 TAHUN 2007 TANGGAL 28 JUNI 2007*".

The basic requirement for an Indonesian school consist of class rooms, library, lab room, principal's office, administration office, praying room, student's counseling room, nursing room,

student's council room, toilets, storage room, circulation space, playing area or sport field. (Sudibyo, 2007, pp. 1-2)

Healthy eating policy and facility has not been a priority for the majority of schools, including public and private schools, national and some international schools in Indonesia. Prioritized facilities such as sport field, parking spaces, praying room, library, and etcetera are still the main features that are often used as a main marketing attraction for potential students for private schools.

Health-related behaviors are significantly determined by the social environment in which people live and work. Therefore healthy eating habits and practices in an early age will help children develop life-long habits. The effect of a proper canteen facility and the implementation of a good meal policy for high school students, are very significant towards their life long habits and daily behavior in the school environment. But this importance has not been given the proper urgency by the government and school owners, due to the lack of research and information towards this phenomenon.

C. Formulation of the Issue

In this research, the researcher formulates the studies on the application of the meal policy that improves the behavior of the high school students at SPK Private School in South Jakarta, Indonesia, school year of 2017-2018.

D. Paradigm

The research should answer the pattern of logical thinking of to what extent does the meal policy that consist of the school canteen management has an effect of positive improvements towards the high school student's general behavior in school.

E. Objectives of the research

1. To investigate whether the school meal policy that applies to the high school students has an effect towards the student's daily behavior in school. This is

taken from the relevance of the implementation of the meal policy that is supported by the canteen facility.

2. To investigate whether the school canteen facility as a part of the object policy that has an effect towards the high school student's daily behavior in school. This is taken from the relevance towards the implementation of the school meal policy.
3. To investigate whether the school canteen facility has an effect towards the application and implementation of the school meal policy. This is taken from the connection and effect of the canteen facility that affect the application of the school's meal policy.

The objective of this research is to acknowledge the importance and connection between the student's meal policies towards the student's accepting their lessons and overall behavior towards the school experience. This research's objective is also to be a credible source of reference for future policy making regarding SPK Private School facility specifically the school canteen, and also policy regarding student's meal and use of the school canteen.

F. Benefit of the Research

The importance and benefit of this research is to identify and prove that there is an effect and correlation between high school students' eating habits in the canteen which is the application of a school policy, and their behavior towards school and their educational process and experience. The benefit of this research is to make a school policy regarding the school canteen facility in which it should be detailed in content, such as menu guidelines, restrictions in the premises, proper instruments such as certain standardized properties in the canteen area, and also a standardized eating ethics and behavior for the students.

This research will take place in Cita Buana School, concentrating with the high school students year 10s from academic year 2017 - 2018, and the canteen facility and policy from the academic year of 2017 - 2018.