ENGAGING STUDENTS SOCIALLY AND EMOTIONALLY INTO VIRTUAL LEARNING

A Two-Day International Webinar
May 15-16, 2020

hosted by
School of Education,
Central University of Jammu

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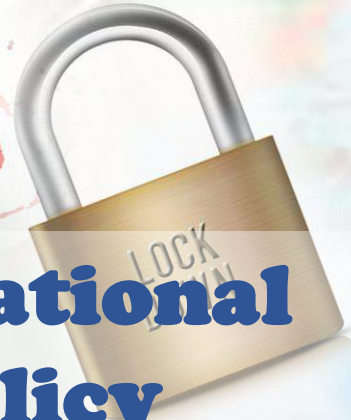
Recent Global Issues

COVID - 19



Educational Policy
(closing schools/ universities & temporarily)

Work from Home (WFH)

Virtual Learning

VIRTUAL Learning

Distance learning conducted in a virtual learning environment with electronic study content designed for self-paced (asynchronous) or live web-conferencing (synchronous) online teaching and tutoring.
(Racheva, 2017)

VIRTUAL Classroom

A virtual classroom is an online learning environment that allows for live interaction between the tutor and the learners as they are participating in learning activities.
(Racheva, 2018)

How to engage students into virtual learning?

Socially

&

Emotionally

Social

Engagement – involvement & participation

"one's participation in the activities of a social group" (Prohaska, Anderson and Binstock, 2012)

"the commitment of a member to stay in a group and interact with other members" (Zhang, Jiang, and Carroll, 2011)

Key elements:

- ✓ activity
- ✓ interaction
- ✓ social exchange
- ✓ No compulsion

(Prohaska, Anderson and Binstock, 2012)

Emotional Engagement

"...involving interest, boredom, happiness, anxiety, and other affective states...which could affect learners' involvement within learning and their sustained effort...."
(IGI Global, 2020)

The learning experience is changed by how learners feel about it
(Hoffmann, 2020)

How to do?

- Endeavour positive attitudes
- **Recognize students' beliefs about learning, learning styles, learning strategies before designing the learning materials.**
- Select and utilize appropriate Websites and/or Apps (to match learning objectives – students' needs) (DIGITAL Literacy)
- **Make sure students' involvement, enjoyment, and understanding in learning (creativity–critical thinking–collaboration–communication)**
- Ensure students' secure feelings about the lessons (assessments, virtual meetings).
- **Discuss students' works and give feedbacks**
- Encourage habituative self–reflection
- **Be a good–positive listener and responder**

Digital literacy

refers to an individual's ability to find, evaluate, and compose clear information through writing in various media on various digital platforms.

(Wikipedia, 2020)

"…utilize diverse formats for learning materials and present them in interactive and accessible ways"

(Leduc, 2020)

Online Learning Platforms

Google Classroom

Docs
Sheets
Slides
Books
Hangouts
Keep
Jamboard
Classroom
Earth
Collections
Arts and C...

Microsoft Teams

Outlook
OneDrive
Teams
OneNote
Word
Excel
PowerPoint
Forms
Sway

schoology

nearpod

Bromcom
CloudBase
Blackboard
OPENHIVE
CORE ECS
my learning space
LP+4
Microsoft SharePoint
its learning
RM Learning Platform
frog
moodle
novatia EDUCATION
fronter
Studywiz Learning Environment
skillspace
UniServity be unique
webanywhere stretch beyond
SOCIALCAST by vmware
yammer
Google Apps for Education

edmodo

User-friendly

Apps for Virtual Learning

Microsoft 365

Microsoft Teams is a unified communication and collaboration platform that combines persistent chat, video meetings, file storage (including collaboration on files), and application integration.

One Drive
Onenote-Class Notebook
Office online
Outlook
Sway
Forms, etc.

Microsoft Teams (Microsoft 365)

Class Channel
Class notebook *for notetaking or keeping individual files/tasks*
Assignment *for assessment purposes*
Grades *for grading and reporting students' achievement*

TABS *can be modified based on the teacher's need*

Possible Actions

- ✓ **Discussion about the students' works – uploaded tasks by the students**
- ✓ **Provide clear instructions and the assessment tool(s)**
- ✓ **Accommodate transparent language assessment**

Emotional Wellness in Virtual Learning

creativity,
collaboration,
communication,
critical thinking
are **maintained**

+++ positive attitudes

THANK YOU

INTERNATIONAL WEBINAR

ON

COVID-19 AND EMOTIONAL WELLNESS

MAY 15-16, 2020

PATRON

PROF. ASHOK AIMA
VICE-CHANCELLOR
CENTRAL UNIVERSITY OF JAMMU

ORGANIZED BY

SCHOOL OF EDUCATION
CENTRAL UNIVERSITY OF JAMMU

UNDER THE SCHEME OF

PANDIT MADAN MOHAN MALVIYA NATIONAL MISSION OF TEACHERS & TEACHING (PMMMNMTT)
DEPARTMENT OF HIGHER EDUCATION,
MHRD, GOVT. OF INDIA

Note: All Programmes under PMMMNMTT are valid for promotion under CAS as per the UGC Notification dated 18th July 2018.

STAY HOME STAY SAFE

ABOUT THE UNIVERSITY

Central University of Jammu has been established by the Central University Act, 2009 (Act No. 25 of 2009) read with the Central University (Amendment) Act, 2009. However, the Central University of Jammu actually came into being on August, 08, 2011. The Campus of the Central University of Jammu is developing as "GRIHA 2 Star" Green Campus as per the norms and practices laid down by TERI green building 'Design Evaluation System". The University aspires to be a leading Centre of Higher Learning, integrating culture, skills, and technology, philosophy and value system of our heritage with modern and emerging concepts, skills and technology and management practices. The mission of the University is to impart education which in its breadth and scope represents the three main symbols in our logo; iridescent like the rising Sun, immortal as the Banyan Tree and infinite like the Sky. The University is committed to inculcate self confidence; which when combined with disciplined study, leads to faith in one's strength and conviction.

So far, University has signed 10 National and 01 International MoUs. Furthermore, it has obtained membership of apex industry/ academic bodies such as United Nations Academic Impact, Confederation of Indian Industry, NHRDN, ISTD, ADITA, AIMA, ISTD, Jammu Chamber of Commerce and Industries, etc.

SCHOOL OF EDUCATION

The teacher-education program is one of the very important program in building teachers' effectiveness through professional development of teachers at school level. The progress and the efficiency of the nation are known by the quality of its schools. The School of Education (under PMMMNMTT) forms a vital foundation and support system for an integrated teacher education system. The Central University of Jammu established School of Education with a broad vision to build up a climate of sustainable professional development programme. The School of Education (SoE), CUJ offers the varied academic programmes with a purpose to develop a meaningful network professionally trained teachers and administrators in school and higher education sectors. The SoE is committed to provide a focussed teacher education programme engaging teacher educators/scholars /professionals by organising comprehensive capacity building programmes.

The School of Education established under PMMMNMTT in Central University of Jammu is primarily functioning through the three core centres.

- **Centre for Learning and Pedagogic Studies.**
- **Centre for Assessment and Evaluation.**
- **Centre for Teacher Resource and Academic Support**.

PANDIT MADAN MOHAN MALVIYA NATIONAL MISSION ON TEACHERS AND TRAINNING (PMMMNMTT)

The Mission is envisaged to address comprehensively all issues related to teachers, teaching, teacher preparation and professional development. The Mission addresses, on the one hand, current and urgent issues such as supply of qualified teachers, attracting talent into teaching profession and raising the quality of teaching in schools and colleges. On the other, it is also envisaged that the Teacher Mission would pursue long term goal of building a strong professional cadre of teachers by setting performance standards and creating top class institutional facilities for innovative teaching and professional development of teachers.

The Mission focuses in a holistic manner dealing with the whole sector of education without fragmenting the programmes based on levels and sectors as school, higher, technical etc. It is considered that programmes dealing with teachers in all sectors and levels of education should grow and function in a mutually supportive manner.

ABOUT THE WEBINAR

COVID-19 pandemic is turning out to be a major stressor for most of humanity. Never has such an event affected so many individuals all across the globe. The initial focus is necessarily on the physical consequences of the infection per se. However, there is recognition that the significant psychological consequences emerging out of this catastrophe need to be addressed. COVID-19 has caused a significant impact on many individuals throughout this country and beyond. Social distancing policies and physical isolation may incite acute stress disorders, irritability, fear and panic, avoidance behavior, emotional distress, and other mental health consequences in the healthy population. COVID-19 pandemic has created psychological distress and various levels of crisis in the society which includes financial, social and occupational. Various measures taken to curb the pandemic spread include quarantine, isolation and nationwide lockdowns. Indeed COVID-19 has impacted the mental health of the entire community in one or another manner. This has created an unprecedented mental health challenge in the face of limited specialist resources. This also means that we need to think beyond conventional strategies. Understandably, much less attention has been paid to the mental health consequences of the pandemic. Yet while the urgent emphasis is and should be on containing the virus and its physical threat, when the pandemic has subsided and we begin to resume normal life, it is the psychological sequelae that will emerge and persist for months and years to come.

The key purpose of this webinar is to sensitize the people to cope with this stressful time by teaching easy to learn, research-based techniques that will reduce fear, worry and stress. This webinar is the University's way of giving back to the community.

KEY OBJECTIVES OF THE WEBINAR

- Discuss factors and strategies to manage stress while working from home
- Identify signs and symptoms of increased anxiety and coping strategies
- Explore tips, resources, and strategies to manage emotions

SUB-THEMES OF THE WEBINAR

- Corona Anxiety and Coping Strategies
- Managing stress while working from home: Knowing Online Tools for Academic Activities
- Emotional Health and Stability
- Emotional Intelligence and Social Distancing
- Resilience Skills

MODE OF INTERACTION

The mode of interaction will be **online** only. However, the participants will be facilitated to interact with the renowned resource persons and scholars associated with educational administration and leadership. The participants will be given the chance to share their experiences with regard to the problems and challenges they are facing during the present crisis; and find out the best possible way to manage the situation with a mutually.

TARGET GROUP

Policy makers, Teachers, Research Scholars, Students & Parents

REGISTRATION PROCEDURE

- There is no Registration/Participation fee.
- Interested participants are requested to register through the Google Form link latest by **May 12, 2020 by clicking**

  https://docs.google.com/forms/d/e/1FAIpQLSenaSCkbkVckVylhrWzNU1ftfj4AhZ4NWX4NAWhai_hgvFSAg/viewform?usp=sf_link
- Selected participants will be intimated through e-mail by **13th May, 2020.**
- The interested persons, who can commit to attend the sessions of the Webinar, only need to apply for this programme.
- e-Certificates will be given to the participants who attend all the sessions of the Webinar.

ORGANIZING COMMITTEE

PATRON

Prof. Ashok Aima
Hon'ble Vice Chancellor
Central University of Jammu

Convenor

Dr. J.N. Baliya
Head, Department of Educational Studies &
Programme Coordinator, PMMMNMTT,
Central University of Jammu

Organizing Secretary

Dr. Ritu Bakshi
Associate Professor
Department of Educational Studies
Central University of Jammu

Members

Dr. Kiran, Assistant Professor
Dr. Aman, Assistant Professor
Dr. Asit Mantry, Assistant Professor
Dr. Ravi Vanguri, Assistant Professor

Address

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PROGRAMME SCHEDULE

15 MAY, 2020

TIME	SESSION	KEY SPEAKER	MODERATOR
1500 hrs. – 1530 hrs.	**Session I** Inaugural Session	Welcome address brief about the Webinar by Prog. Coordinator, **Dr. J.N.Baliya** Remarks by **Prof. Ashok Aima,** Hon'ble VC, CUJammu Presidential Remarks by **Chief Guest** Vote of Thanks by **Dr. Ritu Bakshi,** Organising Secretary	**Dr. Ritu Bakshi,** Organising Secretary
1530 hrs. – 1600 hrs.	**Session- II** Keynote Address	**Prof. C.B.Sharma** Chairman, NIOS	**Dr. Aman**
1600 hrs. – 1630 hrs.	**Session – III** Emotional Stability and Resilience Skills	**Dr. Rishi Goyal**	**Dr. Asit Mantry**
1630 hrs. – 1700 hrs.	**Session – IV** Panel Discussion: Students' Academic Anxiety: Teachers' and parents' responsibility	**Prof. Sarika Sharma,** Head Department of Education, CUH **Prof. Vinod Shanwal**, Head & Dean, Dept. of Education, GBU **Prof. Usha Tickoo,** Principal, Sai Shyam College of Education **Dr. Sanjay,** Counsellor	**Dr. J.N.Baliya**
1700 hrs. – 1730hrs.	**Session – V** Participants Reflections (Interactive)	**Dr. Priyadarshini,** Department of Buddhist Studies, GBU	**Dr. Kiran**

PROGRAMME SCHEDULE

16 MAY, 2020

TIME	SESSION	KEY SPEAKER	MODERATOR
1500 hrs. – 1530 hrs.	**Session – I** Panel Discussion- Role of Stakeholders in Emotional Wellness	**PadamShri Dr Balwant Thakur** (Cultural Diplomat of India to South Africa, Johesenberg,SA) **Dr. Mritunjay Sharma,** D.Lit. (Music), H P University, Shimla **Ms Juhie Mohan,** Big FM Jammu	**Dr. J.N.Baliya**
1530 hrs. – 1600 hrs.	**Session – II** Engaging Students Socially and Emotionally into Virtual Learning	**Ms. Luh Angelianawati**, University of Jakarta, Indonesia	**Dr. Ravi Vanguri**
1600 hrs. – 1630 hrs.	**Session – III** Emotional Wellness through Ancient Indian Therapies	**Prof. Surinder Mohan Mishra,** Dept. of Pali & Sanskrit Literature, Kurukshetra University **Dr. S.K. Jain,** Yoga Expert	**Dr. Asit Mantry**
1630 hrs. – 1700 hrs.	**Session – IV** Managing Stress while Working / Learning at Home	**Prof. Rita Arora,** Former Dean & Head , Jaipur University **Prof. Kiran Deep Kour,** Department of Education, Punjabi University, Patiala **Prof. G.M.Malik,** Head Dept. of Education, BGSBU, Rajouri	**Dr. Ritu Bakshi**
1700 hrs. – 1730 hrs.	**Session – V** (Valedictory Session)	Valedictory Address Remarks by **Prof. Ashok Aima**, Hon'ble VC, CUJammu	**Dr. Aman**

BMTYAG-CE000265

School of Education

CENTRAL UNIVERSITY OF JAMMU

Under the Scheme of

PANDIT MADAN MOHAN MALVIYA NATIONAL MISSION ON TEACHERS AND TEACHING

Ministry of Human Resource and Development, Government of India

Two-Day International Webinar on
COVID-19 and Emotional Wellness
May 15-16th , 2020

Certificate

This is to certify that Prof. /Dr./Mr./Ms./Mrs. **Luh Angelianawati, Key Speaker, English Education, Universitas Kristen Indonesia, in Jakarta, Indonesia** has acted as **Resource Person** in the Two-Day International Webinar (ONLINE) on '**COVID-19 and Emotional Wellness**' organised by the School of Education, Central University of Jammu under the aegis of Pandit Madan Mohan Malviya National Mission on Teachers and Teaching (PMMMNMTT), on May 15th – 16th, 2020.

Dr. Ritu Bakshi
Organizing Secretary

Dr. J.N. Baliya
Programme Coordinator

Universitas Kristen Indonesia
Fakultas Keguruan dan Ilmu Pendidikan
Program Studi Pendidikan Bahasa Inggris

SURAT TUGAS
No.19A/KAPRODI.PBI/FKIP/UKI.05.2020

Ketua Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Kristen Indonesia

Nama	: Hendrikus Male, S.Pd., M.Hum.
NIP/ NIDN	: 101737/0303077901
Jabatan Struktural	: Ketua Program Studi
Unit Kerja	: Fakultas Keguruan dan Ilmu Pendidikan

menugaskan:

Nama	: L. Angelianawati, M.Pd.
NIP/ NIDN	: 141102/ 0321128402
Unit Kerja	: Prodi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan

untuk menjadi *a key speaker/ resource person* dalam *A Two-Day International Webinar, May 15-16, 2020* yang diselenggarakan oleh School of Education, Central University of Jammu dengan topik berjudul "ENGAGING STUDENTS SOCIALLY AND EMOTIONALLY INTO VIRTUAL LEARNING".

Demikian surat penugasan ini dibuat untuk dilaksanakan oleh yang bersangkutan dengan penuh tanggung jawab.

Jakarta, 12 Mei 2020
Kaprodi Pendidikan Bahasa Inggris

Hendrikus Male, S.Pd., M.Hum.