

**BIODATA MAHASISWA BIMBINGAN SKRIPSI FK UKI****TAHUN AKADEMIK 2018-2019**

NAMA MAHASISWA : ANASTASIA GIOVANI SIMANJUNTAK

NIM : 1561050024

TEMPAT/TGL LAHIR : SURABAYA, 20 MEI 1998

**RIWAYAT PENDIDIKAN**

1. SD : SD YADIKA 3
2. SLTP : SMP DIAN HARAPAN CIKARANG
3. SLTA : SMA DIAN HARAPAN CIKARANG
4. UNIVERSITAS : UNIVERSITAS KRISTEN INDONESIA

**JUDUL SKRIPSI :**

**HUBUNGAN ANTARA FAKTOR PSIKIS (STRESS) DENGAN KEJADIAN  
DISMENORE PADA MAHASISWA FK UKI ANGKATAN 2016-2017**

**Lampiran-1****LEMBAR PERSETUJUAN MENJADI RESPONDEN****(INFORMED CONSENT)**

Saya yang bertanda tangan dibawah ini :

Umur : .....

Angkatan : .....

Menyatakan bersedia untuk menjadi responden penelitian yang dilakukan oleh Anastasia Giovani Simanjuntak, mahasiswi Fakultas Kedokteran Universitas Kristen Indonesia dengan judul penelitian “ Hubungan Antara Faktor Psikis (Stress) Dengan Kejadian Dismenore Pada Mahasiswi Fakultas Kedokteran Universitas Kristen Indonesia Angkatan 2016-2017”.

Persetujuan ini saya buat tanpa ada paksaan dari pihak manapun. Demikian pernyataan ini saya buat untuk dapat dipergunakan sebagaimana mestinya.

Jakarta, ..... 2018

Responden

( ..... )

## **LEMBAR KUISIONER PENELITIAN**

Umur :

Angkatan :

### **I. DISMENORE**

Berilah tanda ceklist dalam kotak pada setiap pertanyaan yang tersedia jika pilihan tersebut menjadi pilihan anda.

Keterangan :

SL : Selalu

SR : Sering

KD : Kadang-kadang

TP : Tidak Pernah

NO	PERTANYAAN	SL	SR	KD	TP
1	Apakah anda mengalami nyeri perut bagian bawah saat menstruasi?				
2	Apakah nyeri itu berlangsung dalam beberapa jam?				
3	Apakah nyeri itu berlangsung dalam 24 jam?				

4	Apakah nyeri itu berlangsung dalam beberapa hari?				
5	Apakah nyeri tersebut bersifat kram?				
6	Apakah nyeri tersebut hilang timbul?				
7	Apakah nyeri tersebut menyebar sampai daerah pinggang?				
8	Apakah nyeri tersebut menyebar sampai kedaerah paha?				
9	Apakah nyeri tersebut disertai mual dan muntah?				
10	Apakah nyeri tersebut disertai sakit kepala?				
11	Apakah nyeri tersebut disertai diare?				
12	Apakah nyeri tersebut mengganggu aktivitas anda sehari-hari?				
13	Apakah nyeri tersebut membuat anda harus meminum obat?				

## II. STRESS

Berilah tanda ceklist dalam kotak pada setiap pertanyaan yang tersedia jika pilihan tersebut menjadi pilihan anda.

Keterangan :

SL : Selalu

SR : Sering

KD : Kadang-kadang

TP : Tidak Pernah

NO	PERNYATAAN	SL	SR	KD	TP
1	Saya merasa memiliki pandangan yang tajam				
2	Saya merasa adanya rasa gugup				
3	Saya merasa menjadi marah karena hal sepele				
4	Saya merasa cepat letih dan lelah				
5	Saya merasa sulit bersantai				
6	Saya merasa nyeri lambung				
7	Saya merasa jantung saya berdebar				
8	Saya merasa sering diare				
9	Saya merasa sulit untuk tidur				

10	Saya merasa bosan				
11	Saya merasa kehilangan semangat				
12	Saya merasa mudah putus asa				
13	Saya merasa penurunan daya ingat				
14	Saya merasa sakit yang sangat				
15	Saya merasa takut akan sesuatu				
16	Saya merasa tidak bermanfaat				
17	Saya merasa sesak nafas				
18	Saya merasa sering pingsan				
19	Saya merasa tidak percaya diri				

## Lampiran-2

**Dismenore**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid tidak dismenore	47	58.8	58.8	58.8
mengalami dismenore	33	41.2	41.2	100.0
Total	80	100.0	100.0	

**Stress**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid tidak stress	61	76.2	76.2	76.2
mengalami stress	19	23.8	23.8	100.0
Total	80	100.0	100.0	

**stress \* dismenore Crosstabulation**

Count

		Dismenore		Total
		tidak dismenore	mengalami dismenore	
stress	tidak stress	43	18	61
	mengalami stress	4	15	19
Total	47	33	80	

**Usia**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	18 tahun	11	13.8	13.8	13.8
	19 tahun	17	21.2	21.2	35.0
	20 tahun	37	46.2	46.2	81.2
	21 tahun	13	16.2	16.2	97.5
	22 tahun	2	2.5	2.5	100.0
	Total	80	100.0	100.0	

**Chi-Square Tests**

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	14.612 <sup>a</sup>	1	.000		
Continuity Correction <sup>b</sup>	12.643	1	.000		
Likelihood Ratio	14.874	1	.000		
Fisher's Exact Test				.000	.000
Linear-by-Linear Association	14.429	1	.000		
N of Valid Cases <sup>b</sup>	80				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 7.84.

b. Computed only for a 2x2  
table

### Lampiran-3

		D1	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	SKOR	
D1	Pearson Correlation	1	.605**	.524**	.469**	.555**	.367*	.019	.663**	.314	.150	.332	.213	.485**	.098	.233	.749**	
	Sig. (2-tailed)		.000	.003	.009	.001	.046	.921	.000	.091	.429	.073	.258	.007	.605	.216	.000	
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
D2	Pearson Correlation	.605**	1	.447*	.500**	.375*	.370*	.033	.467**	.069	.-204	.185	.-174	.516**	.355	.248	.623**	
	Sig. (2-tailed)	.000		.013	.005	.041	.044	.864	.009	.715	.280	.326	.359	.004	.055	.187	.000	
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
D3	Pearson Correlation	.524**	.447*	1	.576**	.643**	.122	.100	.538**	.430*	.250	.521**	.210	.684**	.059	.541**	.765**	
	Sig. (2-tailed)	.003	.013		.001	.000	.521	.597	.002	.018	.184	.003	.265	.000	.755	.002	.000	
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
D4	Pearson Correlation	.469**	.500**	.576**	1	.592**	.490**	.083	.483**	.309	.109	.293	.018	.464**	.336	.104	.706**	
	Sig. (2-tailed)	.009	.005	.001		.001	.006	.664	.007	.097	.565	.117	.934	.010	.069	.583	.000	
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
D5	Pearson Correlation	.555**	.375*	.643**	.592**	1	.268	.-138	.541**	.352	.234	.585**	.256	.588**	.343	.287	.793**	
	Sig. (2-tailed)	.001	.041	.000	.001	.153	.468	.002	.057	.213	.001	.172	.001	.064	.124	.000		
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	
D6	Pearson Correlation	.367*	.370*	.122	.490**	.268	1	.047	.215	.009	.-026	.137	.-033	.318	.243	.-088	.430*	
	Sig. (2-tailed)	.046	.044	.521	.006	.153		.807	.254	.962	.890	.471	.625	.087	.197	.642	.018	
N		30	30	30	30	30		30	30	30	30	30	30	30	30	30	30	
D7	Pearson Correlation	.019	.033	.100	.083	.-138	.047	1	.206	.379*	.196	.218	.119	.090	.070	.-073	.203	
	Sig. (2-tailed)	.921	.864	.597	.664	.468	.807		.275	.039	.299	.247	.345	.638	.715	.702	.283	
N		30	30	30	30	30		30	30	30	30	30	30	30	30	30	30	
D8	Pearson Correlation	.663**	.467**	.538**	.483**	.541**	.215	.206	1	.405*	.1	.480**	.620**	.355	.264	.-020	.-084	.552**
	Sig. (2-tailed)	.000	.009	.002	.007	.002	.254	.275		.027	.146	.057	.075	.021	.072	.733	.000	
N		30	30	30	30	30		30		30	30	30	30	30	30	30	30	
D9	Pearson Correlation	.314	.069	.430*	.309	.352	.009	.379*	.405*	1	.480**	.620**	.355	.264	.-020	.-084	.552**	
	Sig. (2-tailed)	.091	.715	.018	.097	.057	.962	.039	.027		.007	.000	.054	.159	.916	.657	.002	
N		30	30	30	30	30		30		30	30	30	30	30	30	30	30	
D10	Pearson Correlation	.150	- .204	.250	.109	.234	-.026	.196	.272	.480**	1	.455*	.803**	.398*	.059	.-062	.412*	

	N	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D10	Pearson Correlation	.150	-.204	.250	.109	.234	-.023	.196	.272	.490**	1	.455*	.803**	.398*	.059	-.062	.412*		
	Sig. (2-tailed)		.429	.280	.184	.565	.213	.890	.299	.146	.007	.012	.000	.029	.756	.745	.024		
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D11	Pearson Correlation	.332	.185	.521**	.293	.585**	.137	.218	.352	.620**	.455*	1	.500**	.389*	.045	.253	.659**		
	Sig. (2-tailed)	.073	.366	.003	.117	.001	.471	.247	.057	.000	.012	.005	.004	.815	.177	.000			
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D12	Pearson Correlation	.213	-.174	.210	.018	.256	-.093	.179	.330	.355	.803**	.500**	1	.188	.006	-.097	.373*		
	Sig. (2-tailed)		.259	.369	.265	.924	.172	.625	.345	.075	.054	.000	.005	.321	.976	.611	.042		
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D13	Pearson Correlation	.485**	.516**	.664**	.464**	.588**	.318	.060	.418*	.264	.398*	.389*	.188	1	.404*	.365*	.765**		
	Sig. (2-tailed)	.007	.004	.000	.010	.001	.087	.638	.021	.159	.029	.034	.321	.027	.036	.000			
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D14	Pearson Correlation	.098	.355	.059	.336	.343	.243	.070	.333	-.020	.059	.045	.006	.404*	1	-.091	.401*		
	Sig. (2-tailed)		.605	.055	.755	.069	.064	.197	.715	.072	.916	.756	.815	.976	.027		.634	.028	
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
D15	Pearson Correlation	.233	.248	.541**	.104	.287	-.088	.073	-.005	.084	-.062	.253	-.097	.385*	.091	1	.238		
	Sig. (2-tailed)		.216	.187	.002	.583	.124	.642	.702	.733	.657	.745	.177	.611	.036	.634	.206		
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
SKOR	Pearson Correlation	.749**	.623**	.766**	.706**	.793**	.430*	.203	.762**	.552*	.412*	.658**	.373*	.765**	.401*	.238	1		
	Sig. (2-tailed)		.000	.000	.000	.000	.000	.018	.283	.000	.002	.024	.000	.042	.000	.028	.206		
N		30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30

\*\* Correlation is significant at the 0.01 level (2-tailed).  
 \* Correlation is significant at the 0.05 level (2-tailed).

Reliability Statistics		
Cronbach's Alpha		N of Items
.863		15



Q17	Q18	Q19	Q20	SKOR
-.188	.165	-.272	-.418*	.216
.320	.385	.145	.021	.252
30	30	30	30	30
.177	.177	.235	-.037	.405*
.350	.350	.212	.844	.026
30	30	30	30	30
.510**	.269	.535**	.451*	.733**
.004	.151	.002	.012	.000
30	30	30	30	30
-.151	.172	-.008	-.221	.525**
.427	.363	.967	.241	.003
30	30	30	30	30
.359	.128	.491**	.393*	.561**
.052	.500	.006	.032	.001
30	30	30	30	30
.468**	.149	.516**	.195	.653**
.009	.432	.004	.301	.000
30	30	30	30	30
.095	.143	.034	.026	.600**
.617	.451	.856	.892	.000
30	30	30	30	30
.311	.669**	.320	.154	.706**
.095	.000	.085	.416	.000
30	30	30	30	30
-.134	.134	.122	-.213	.416*
.479	.479	.522	.257	.022
30	30	30	30	30

Q12	Pearson Correlation	-0.29	.245	.531**	.282	.398*	.512**	.396*	.502**	.239	.531**	.575**	1	.737**	.518**	.463**	.508**
	Sig. (2-tailed)	.881	.191	.003	.132	.030	.004	.030	.005	.204	.003	.001		.000	.003	.010	.001
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q13	Pearson Correlation	-0.205	.086	.507**	.219	.409*	.402*	.369*	.451*	.358	.427*	.607**	.737**	1	.674**	.504**	.398*
	Sig. (2-tailed)	.277	.653	.004	.246	.025	.028	.045	.012	.052	.019	.000		.000	.004	.030	
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q14	Pearson Correlation	-.124	.127	.473**	-.025	.467**	.425*	.159	.267	.066	.366*	.409*	.518**	.674**	1	.502**	.293
	Sig. (2-tailed)	.513	.503	.008	.895	.009	.019	.402	.154	.730	.047	.025	.003	.000		.005	.117
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q15	Pearson Correlation	.100	.114	.368*	.177	.226	.500**	.522**	.371*	.102	.468**	.394*	.463**	.504**	.502**	1	.417*
	Sig. (2-tailed)	.598	.550	.046	.350	.229	.001	.003	.044	.591	.009	.031	.010	.004		.005	.072
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q16	Pearson Correlation	.022	.139	.520**	.254	.303	.413*	.405*	.328	-.032	.596**	.668**	.568**	.398*	.293	.417*	1
	Sig. (2-tailed)	.907	.463	.003	.175	.104	.023	.026	.077	.868	.001	.000	.001	.030		.117	.022
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q17	Pearson Correlation	-.188	.177	.510**	-.151	.359	.468**	.095	.311	-.134	.449*	.378*	.641**	.535**	.619**	.561**	.572**
	Sig. (2-tailed)	.320	.350	.004	.427	.052	.009	.617	.095	.479	.013	.039	.000	.002	.000	.001	.001
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q18	Pearson Correlation	.165	.177	.269	.172	.128	.149	.143	.669**	.134	.294	.318	.401*	.459*	.464**	.481**	.199
	Sig. (2-tailed)	.385	.350	.151	.363	.500	.432	.451	.000	.479	.115	.087	.028	.011	.010	.007	.292
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q19	Pearson Correlation	-.272	.235	.535**	-.008	.491**	.516**	.034	.320	.122	.332	.396*	.667**	.697**	.728**	.493**	.315
	Sig. (2-tailed)	.145	.212	.002	.967	.006	.004	.856	.085	.522	.073	.030	.000	.000		.006	.090
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
Q20	Pearson Correlation	-.418*	-.037	.451*	-.221	.393*	.195	.026	.154	-.213	.501*	.551**	.647**	.590**	.477**	.225	.531**
	Sig. (2-tailed)	.021	.844	.012	.241	.032	.301	.892	.416	.257	.005	.002	.000	.001	.008	.231	.003
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30
SKOR	Pearson Correlation	.216	.405*	.733**	.525**	.561**	.653**	.600**	.706**	.416*	.662**	.747**	.800**	.740**	.611**	.666**	.670**
	Sig. (2-tailed)	.252	.026	.000	.003	.001	.000	.000	.000	.022	.000	.000	.000	.000	.000	.000	.000
N		30	30	30	30	30	30	30	30	30	30	30		30	30	30	30

.568**	.641**	.401*	.667**	.647**	.800**
.001	.000	.028	.000	.000	.000
30	30	30	30	30	30
.398*	.535**	.459*	.692**	.590**	.740**
.030	.002	.011	.000	.001	.000
30	30	30	30	30	30
.293	.619**	.464**	.728**	.477**	.611**
.117	.000	.010	.000	.008	.000
30	30	30	30	30	30
.417*	.561**	.481**	.493**	.225	.666**
.022	.001	.007	.006	.231	.000
30	30	30	30	30	30
1	.572**	.199	.315	.531**	.670**
	.001	.292	.090	.003	.000
30	30	30	30	30	30
.572**	1	.447*	.762**	.597**	.615**
.001		.013	.000	.000	.000
30	30	30	30	30	30
.199	.447*	1	.476**	.167	.531**
.292	.013		.008	.377	.003
30	30	30	30	30	30
.315	.762**	.476**	1	.579**	.633**
.090	.000	.008		.001	.000
30	30	30	30	30	30
.531**	.597**	.167	.579**	1	.478**
.003	.000	.377	.001		.008
30	30	30	30	30	30
.670**	.615**	.531**	.633**	.478**	1
.000	.000	.003	.000	.008	
30	30	30	30	30	30

<b>Reliability Statistics</b>	
Cronbach's Alpha	N of Items
.895	20