

# IMCAS ASIA 2019



INTERNATIONAL MASTER COURSE ON AGING SCIENCE  
BALI - JULY 5<sup>TH</sup> - 7<sup>TH</sup>, 2019

## Honorary president

SOEBONO Hardyanto  
Dermatologist, Indonesia

## Course Coordinators

ASCHER Benjamin  
Plastic surgeon, France

HUANG Po Han Patrick  
Dermatologist, Taiwan

LISTIAWAN Muhammad Yulianto  
Dermatologist, Indonesia

PRASETYO Adri Dwi  
Dermatologist, Indonesia

## Associate

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Dermatologist, France

GARSON Sebastien  
Plastic surgeon, France

## Scientific Secretaries

PRASETYONO Theddeus O H  
Plastic surgeon, Indonesia

WIDIANSYAH Andreas  
Dermatologist, Indonesia

# Speaker Certificate

The IMCAS Asia 2019 Scientific committee certifies that

**Dr Ago HARLIM MARS**

Dermatologist  
Indonesia

*presented the following lectures:*

*S089, S090 - IMCAS Alert - Injectables complication cases - How I correct silicon granuloma in chin  
S084 - Open stage talks: lasers & EBD - The comparison between Er:Yag and CO2 laser for male circumcision*

International Master Course on Aging Science

# IMCAS

ASIA

2019

SCIENTIFIC PROGRAM

a 3-day update  
in plastic surgery, dermatology  
& aesthetic science

EDITION N°13



endorsed by  
**PERDOSKI**  
indonesian society  
of dermatology



**BPPD**  
bali tourism  
promotion board

**BALI**

**INDONESIA - JULY 5 TO 7**

BALI INTERNATIONAL CONVENTION CENTRE - THE WESTIN RESORT NUSA DUA



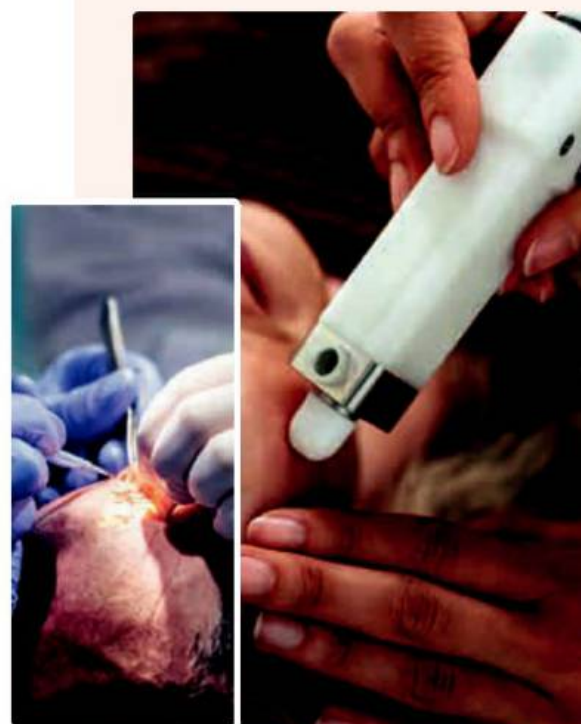
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Suatu kehormatan bagi IMCAS untuk menyambut Bapak / Ibu kembali pada acara IMCAS ASIA 2019 di Bali.

Kami berharap Bapak / Ibu dapat menikmati tiga hari yang penuh dengan pembelajaran dalam acara ini, dan pulang dengan keahlian serta pengetahuan yang lebih meningkat.

Terima kasih telah bergabung bersama kami.

# SELAMAT DATANG

*Welcome to the 13th edition of IMCAS Asia in Bali, Indonesia!*

IMCAS is proud to present yet another new and exciting edition that brings together prominent dermatologists, Plastic surgeons and aesthetic practitioners from all over the world.

At every one of our congresses, we have the honor of witnessing the greatest minds in dermatology, plastic surgery and aesthetic science gather to showcase their passion in the field. We have the privilege to observe in proximity the synergy the attendees create, and how it all culminates to another progressive step forward.

IMCAS Asia brings to stage the leading experts of Asia who in turn provide a special insight specific to this congress. The scientific sessions feature an overarching look at Asian morphologies so that attendees may adapt the prevention, intervention and post-treatment procedures based on the ethnic morphology of the patient.

The scientific program is fully charged with the newest and most innovative content built around 14 key themes which include clinical dermatology, injectables, lasers & EBD, regenerative medicine, genital treatments, hair restoration, cosmeceuticals as well as face, breast and body surgery, subjects to underpin your development in the field.

The sessions of the program are presented in different learning formats to ensure that attendees retain the maximum amount of information. The ever-popular Anatomy on Cadaver workshop is an example of an IMCAS-original format, combining live broadcasts of cadaver dissections and live patient demonstrations so that you master safe procedures and avoid danger zones.



Other dynamic teaching methods include IMCAS Alert sessions which introduce complication cases related to injectables, lasers & EBD, threads or surgery selected from real posts on the Alert section of IMCAS Academy. This format allows attendees to receive real advice on real clinical situations from experts in the field. The Video Courses also present a unique learning format that gives you the in-depth training on specific procedures through

2-hour lessons featuring consecutive videos that focus on practical techniques.

Delegates can also attend live patient demonstrations on lasers & EBDS, threads, and injectables. Each demonstration led by aesthetic companies gives you the chance to explore the products and inquire detailed information. To learn more about the innovations and developments from the participating companies from around the world, take a stroll through the exhibition hall, or attend the sponsored activities happening throughout the day.

Let the conversation continue after hours during the two social events. The Networking Cocktail on Friday and the exquisite Gala Dinner on Saturday are excellent opportunities to wind down with old friends and build new connections.

IMCAS Asia 2019 amounts to three days of education in one of the most spectacular destinations. Indulge in its stunning nature and exotic scenery, but most importantly, savor the fact that you are part of the world's leading plastic surgery, dermatology and aesthetic science conference.

We extend the warmest welcome to Bali.

——— IMCAS Asia 2019 Course Coordinators

Benjamin ASCHER  
Hugues CARTIER  
Sebastien GARSON  
Po Han Patrick HUANG  
Yulianto LISTIAWAN  
Adri Dwi PRASETYO



# friday



## CONFERENCE



### ROOMS

	1 CR3CR06	2 CR3CR20	3a genital treatments CR1CR40	3b CR1CR40	4 CR3CR12 imcas surgery
7 am	registration opens				
8:30 am	S001 In-depth approach to injectables: temple and forehead (ACCS)	S009 <b>MERZ AESTHETICS SYMPOSIUM</b>	S017 Lasers & EBD: what's new	S025 Contributed talks - Practice management	S033 IMCAS Surgery: Video - Face lift
9:30 am	S002 In-depth approach to injectables: midface and nose	S010 Contributed talks - Threads and fillers	S018 Lasers & EBD: challenging applications in dark skin/ Asian patients (ESLD)	S026 New technologies	S034 IMCAS Surgery: Video - Blepharoplasty
10:30 am	coffee break				
11 am	S003 In-depth approach to injectables: lower face and lip	S011 Live demonstrations - Threads	S019 Lasers & EBD pigmentation - How to avoid the complication(s)	S027 Practice management -	S035 IMCAS Surgery: Video - Rhinoplasty
12 pm	S004 In-depth approach to injectables: jawline and neck	S012 Live demonstrations - Injectables	S020 Female genital treatments - Asian perspective and vaginal tightening	S028 Practice management - Marketing and digital	S036 IMCAS Surgery: Video - Rhinoplasty (TAFPRS)
1 pm	lunch break				
2 pm	S005 <b>APYX MEDICAL SYMPOSIUM</b>	S013 <b>BTL AESTHETICS SYMPOSIUM</b>	S021 Female genital treatments - EBD and injectables	S029 Laser for port wine stains and vascular lesions	S037 IMCAS Surgery: Video - Breast augmentation
3 pm	S006 <b>PROSTEMICS SYMPOSIUM</b>	S014 <b>BIOSTIMOLOGY SYMPOSIUM</b>	S022 Female genital treatments - Labiaplasty (ISAGSS)	S030 Melasma	S038 IMCAS Surgery: Video - Mastopexy (TSAPS)
4 pm	coffee break				
4:30 pm	S007, S008	S015 <b>NEAUVIA SYMPOSIUM</b>	S023 Female genital treatments - Hymenoplasty and combined treatments (PSCAG)	S031 Complication and management of post- surgical scars	S039, S040
5:30 pm	 <b>VIDEO COURSE</b> Injectables: danger zones	S016 <b>LASEROPTEK SYMPOSIUM</b>	S024 Male treatments (SAARC AAD)	S032 Complication and management of post dermatological scars (PERDOSKI)	 <b>VIDEO COURSE</b> Rhinoplasty & facelift
6:30 pm	networking cocktail				



UNDER  
EDUCATIONAL GRANT



SPONSORED  
SESSION



SUBJECT TO  
ADDITIONAL FEES



EXHIBITION HALL  
OPEN ALL DAY

highlights

# s at u r d a y

CONFERENCE  
ROOMS

1

CR5CR6

2

CR3CR20

3<sub>a</sub>

CR1CR40

3<sub>b</sub>

CR1CR40

4

CR3CR12

open  
stage  
exhibition  
hall



7 am

8:30 am

9:30 am

10:30 am

11 am

12 pm

1 pm

2 pm

3 pm

4 pm

4:30 pm

5:30 pm

6:30 pm

cadaver workshop		clinical dermatology		threads	imcas surgery	exhibition hall
registration opens						
S041 What's hot in injectables - Dermal fillers (KAOT)	S049 PT KALBE FARMA SYMPOSIUM	S057 Clinical dermatology - Inflammatory disease	S065, S066 Threads - Facial anatomy (video)	S073 Face surgery complication cases	S081, S082 Open stage talks: surgery	
S042 FOLIALUX SYMPOSIUM	S050 Live demonstrations - Lasers & EBD	S058 Clinical dermatology - Rosacea in Asian		S074 Face surgery techniques - What's hot		
coffee break						
S043 SESDERMA SYMPOSIUM	S051, S052 Live demonstrations - Lasers & EBD	S059 Clinical dermatology - Rosacea: anything new?	S067, S068 Threads which material & which technique?	S075 Breast surgery	S083 Open stage talks: dermatologic surgery	
S044 What's hot in injectables - Toxins (THAICOSDERM)		S060 Is micro-injection valuable?		S076 Body surgery	S084 Open stage talks: lasers & EBD	
lunch break - poster session						
S045 Live Anatomy on Cadaver Workshop - Upper & mid face	S053 DAEWOONG SYMPOSIUM	S061 Hair restoration - Medical	S069, S070 Threads Combined treatments & more than a simple threading	S077 Body surgery - Abdominoplasty	S085 to S088 Open stage talks: industry lectures	
S046 Live Anatomy on Cadaver Workshop - Nose, lower face & neck	S054 LABORATOIRES VIVACY SYMPOSIUM	S062 Hair restoration - Surgical		S078 Fat & stem cells		
coffee break						
S047 Live Anatomy on Cadaver Workshop - Genital injection	S055 WON TECH SYMPOSIUM	S063, S064 	S071, S072 Threads - How to deal with complications	S079, S080 	S085 to S088 Open stage talks: industry lectures	
S048 Live Anatomy on Cadaver Workshop - Threads	S056 Body shaping	Combined treatments for facial rejuvenation		Blepharoplasty: surgical & minimal invasive approach		
gala dinner						



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SESSION



SUBJECT TO  
ADDITIONAL FEES



EXHIBITION HALL  
OPEN ALL DAY

highlights

# sunday



CONFERENCE  
ROOMS

	1 CR5CR06	2 CR3CR20	3 <sup>a</sup> CR1CR40	3 <sup>b</sup> CR1CR40	4 CR3CR12	open stage exhibition hall
		cosmeceuticals				
7 am	registration opens					
8:30 am	S089, S090 <b>IMCAS ALERT</b>	S093 Lasers & EBD - What's hot (PDS)	S097, S098 Aesthetic dermatology: updates and off-label procedures (PADSFI / ISDS)	S101, S102 Special course dedicated to Young Dermatologists	S105 Special course dedicated to face surgery - From young to expert (THPRES)	S109 Open stage talks: R & D
9:30 am	Injectables complication cases	S094 Skin tightening - Lasers & EBD			S106 Special course dedicated to rhinoplasty - From young to expert	S110 Open stage talks: facial skin
10:30 am	coffee break					
11 am	S091, S092 What's hot in combined treatment with injectables and EBD	S095 Cosmeceuticals	S099 <b>IMCAS ALERT</b> Lasers & EBD complication cases	S103 Contributed talks - Female genital treatments	S107 Special course dedicated to breast surgery - From young to expert (TSPS)	S111 Open stage talks: alopecia
12 pm		S096 Nutraceuticals	S100 New techniques in hair restoration (APAAC)	S104 Contributed talks - Combined treatments	S108 Special course dedicated to body surgery - From young to expert	S112 Open stage talks: melasma and skin diseases
1 pm	end of imcas asia 2019					



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SUBJECT TO  
ADDITIONAL FEES



EXHIBITION HALL  
OPEN ALL DAY

highlights



Up: Live dissections during the Cadaver Workshop at IMCAS Annual World Congress 2019.

Left: Live Demonstrations - Injectables at IMCAS Annual World Congress 2019



# FACULTY LIST\*

The faculty is comprised of internationally renowned physicians and researchers, esteemed for their expertise in the fields of dermatology, plastic surgery and aesthetic science. They have traveled to Bali from all parts of Asia and the world to share their knowledge at the 13th IMCAS Asia.

## HONORARY PRESIDENT

SOEBONO Hardyanto, Dermatologist, Indonesia

## COURSE COORDINATORS

ASCHER Benjamin,  
*Plastic surgeon, France*



HUANG Po Han Patrick,  
*Dermatologist, Taiwan*



LISTIAWAN Muhammad Yulianto,  
*Dermatologist, Indonesia*



PRASETYO Adri Dwi,  
*Dermatologist, Indonesia*



## ASSOCIATE COURSE COORDINATORS

CARTIER Hugues, Dermatologist, France  
GARSON Sebastien, Plastic surgeon, France

## SCIENTIFIC SECRETARIES

PRASETYONO Theddeus O H, Plastic surgeon, Indonesia  
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CHEN Shyi Gen, Plastic surgeon, Taiwan  
CHUANGSUWANICH Apirag, Plastic surgeon, Thailand  
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## FACULTY

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\*UPDATED LIST ON IMCAS.COM



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79%

non-sponsored

112

learning  
hours

21%

sponsored

## contributing

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UAE ZHANG Liang, Dermatologist, China ZHANG Zongxue,  
Dermatologist, China

## industry speakers

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BJELIC Mile, Industry representative, Slovenia  
CHEE Ewen, Dermatologist, Singapore  
CHO Chang Hwan, MD, South Korea  
CHOI Won Woo, Dermatologist, South Korea  
COUCHOUREL Denis, Industry representative, France  
ENGMAN Marie, Dermatologist, Sweden  
GUSTILIA Fransisca, MD, Indonesia  
HAN Seung Ho, Anatomist, South Korea  
HAO Lijun, Plastic surgeon, China  
HARIANTO Astrid Laurentia, Dermatologist, Indonesia  
KANJANASING Supaporn, Dermatologist, Thailand  
KARKHI Alexandru, Dental Surgeon, Romania  
KIM Won Serk, Dermatologist, South Korea  
KIM Hee Su, Dermatologist, South Korea  
KIM Seong Taek, Stomatologist, South Korea  
KWON Hyuck Hoon, Dermatologist, South Korea  
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THEAN Kenneth, MD, Singapore  
THEAN Kenneth, MD, Singapore  
TORFI Habid, Industry representative, United States  
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WONG Kai Jie Israr, MD, Singapore  
YANG Dong Joon, Plastic surgeon, South Korea  
ZERBINATI Nicola, Dermatologist, Italy



# scientific partners from around the world

## dermatology

### **CDS** (cambodia)

Cambodia Dermatological Society  
[www.cds-kh.com](http://www.cds-kh.com)

### **DASIL** (international)

The Dermatologic & Aesthetic Surgery International League  
[www.thedasil.org](http://www.thedasil.org)

### **ESLD** (international)

European Society for Laser and Energy-Based Devices  
[www.esld.eu](http://www.esld.eu)

### **HKSDV** (hong kong sar china)

The Hong Kong Society  
of Dermatology & Venereology  
[www.medicine.org.hk/hksdv/](http://www.medicine.org.hk/hksdv/)

### **ISDS** (international)

International Society for  
Dermatologic Surgery [www.isdsworld.com](http://www.isdsworld.com)

### **JSAD** (japan)

Japanese Society of Aesthetic Dermatology  
[www.aesthet-derm.org](http://www.aesthet-derm.org)

### **PADSFI** (philippines)

The Philippine Academy of Dermatologic Surgery Foundation  
[www.padsfi.org](http://www.padsfi.org)

### **PDS** (philippines)

Philippine Dermatological Society  
[www.pds.org.ph](http://www.pds.org.ph)

### **PERDOSKI** (indonesia)

Indonesian Society of Dermatology and Venereology  
[www.perdoski.id](http://www.perdoski.id)

### **SAARC AAD** (india)

Association of Aesthetic Dermatology  
[www.facebook.com/saarcaad](http://www.facebook.com/saarcaad)

### **THAICOSDERM** (thailand)

Thai Society of Cosmetic Dermatology &  
Surgery [www.itcam.org](http://www.itcam.org)

endorsed by

**PERDOSKI**

indonesian society of  
dermatology



At every congress, IMCAS has the honor of working in partnership with a network of scientific societies from across the globe, each of whom contribute in form of expertise to sessions related to their specialty.

The collaborations not only ensure that the educational content befit an international audience, but that they also mutually nourish the influence and outreach.

## plastic surgery

### **CAPA** (china)

Chinese Association of Plastics and Aesthetics  
[www.capa.org.cn](http://www.capa.org.cn)

### **IAAPS** (india)

Indian Association of Aesthetic Plastic surgeons  
[www.iaaps.net](http://www.iaaps.net)

### **THPRS** (thailand)

The Society of Plastic and Reconstructive Surgeons of Thailand [www.plasticsurgery.or.th](http://www.plasticsurgery.or.th)

### **TSAPS** (taiwan)

Taiwan Society of Aesthetic Plastic Surgery  
[www.tsaps.org.tw](http://www.tsaps.org.tw)

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# How I Correct Silicon Granuloma in Chin

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## **Objectives\* (describe the learning outcomes)**

A special technique to make a better result in natural shape of chin and reduce the opportunity of granuloma recurrence caused by silicone injection

## **Introduction**

Silicone liquid injection have been used for cosmetic for more than 40 years. Many complications have been reported such as granulomatous, inflammatory responses, migration, and discoloration of the tissue. In 1992, the FDA has banned silicone liquid injection for cosmetic uses. However, silicone injection is still being practiced illegally. Liquid silicone injected to chin cause granuloma, inflammation, and a witch looked like face.

## **Materials / method**

Many methods has been used to remove the granuloma but excision were the best among all. We used knife to do the excision, only to the granuloma without damaging the skin. The Incision from under the skin in submental area and then we cut the excess skin for make better shape of chin. Using a knife to remove silicone granuloma is better than curettage, and for the inflammation we use corticosteroid injection.

## **Results**

Combination knife with special technique and corticosteroid injection can make a better result in natural shape of chin and reduce the opportunity of silicone granuloma recurrence.

## **Conclusion**

Granuloma on the chin can be removed by excision with special technique which result in aesthetic and low recurrence of granuloma.

## **Introduction**

Silicone is discovered in 1824 by Jons Jacob Berzelius. Silicones is a polymers, together with carbon, hydrogen, oxygen, and sometimes other chemical. We can find silicone everywhere because , it Used in many household, microchip, computer, cosmetic, electronics.[1-3] Solid silicone is used to augment to reconstruct the cheeks, the chin, brow bone, calves, pectoral areas, testicles, buttock augmentation. For medical augmentations, we only used solid silicone medical grade. However, silicone liquid is still used in many country to do cosmetic contouring. Silicone liquid used as injection into the face and body illegally. Because of economic reason, they used industrial silicone for the injection.

After few years, there are many complications have been reported such as granulomatous, inflammatory responses, migration, and discoloration of the tissue. In 1992, the FDA has banned silicone liquid injection for cosmetic uses. However, silicone injection is still being practiced illegally. [4-6]. Liquid silicone injected to chin cause granuloma, inflammation, and a witch looked like face. In this presentation, we proposed to treat the chin granuloma because of silicone injection by knife surgery and other modalities.

## Methods

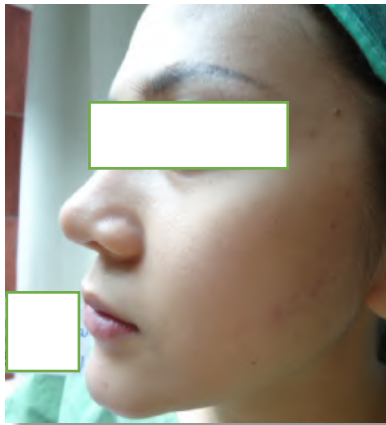
### Preoperative preparation

The patient should be asked if he took a medicine which can make prolonged bleeding such as anti-cholesterol drug, vitamin E and blood test should be performed before the operation. Chronic diseases are important to ask when we do the anamnesis. [7-9].

### Technique and procedure

The technique to remove the chin granuloma depends on the affected area; however, basically we will first make a design planning. Sometimes there are more than one granuloma on the chin and asymmetric. We have to evaluate whether we need to remove the excessive skin from the dorsal chin after performing curettage and excision of the granuloma or not.

The design or images and following the plan should be discussed with the patient.



First, we have to make the boundary of the granuloma and make the design of the excision area just under the submental crease.







You have to cut the granuloma with knife just under the skin, you have to be careful this time because the knife can cut the skin above. After that you can see the granuloma already separated from the skin.



After taking out the granuloma by knife, and curettage on the lateral part, we can stitch it.

### Postoperative Management

1. Use gauze for a week to prevent splint displacement.
2. Prescribing antibiotics for 5–7 days.
3. Prescribing analgetics every 4–6 hours as necessary.
4. Prescribing anti-inflammatory drugs for 5–7 days.
5. Normal saline solution for the chin to overcome postsurgical nasal congestion.
6. To reduce swelling, apply cold compress within the first 48 hours.
7. If there is a seroma, we can remove it by suctioning using syringe during the follow-up visit.
8. Avoid any trauma for 2 weeks.
9. Remove the stitches on day 7
10. Have a normal diet, but avoid foods that cause excess lip movement such as apples and corn on the cob for 2 weeks after surgery.

### Remaining the fibrosis and the redness

For the rest of fibrosis, intralesional injection of can be used every 2 weeks. First injection should wait until the inflammation decreased [10]. Subdermal injection of triamcinolone acetonide at a dose of 10 mg/ml or a combination of triamcinolone acetonide and 5-fluorouracil will make better result. Etanercept, which works on TNF- $\alpha$  receptor and Fc-IgG1 binding, has been reported providing good result for silicone granuloma [11-12].

For the inflammations such as the redness and telangiectasias, vascular laser such as PDL laser or long pulse Nd Yag will improved the performance.

### Result

Combination knife with special technique, corticosteroid injection and vascular laser can make a better result in natural shape of chin and reduce the opportunity of silicone granuloma recurrence.



Figure 1. Before and after the chin granuloma have removed

## Conclusions

Granuloma on the chin can be removed by excision with special technique which result in aesthetic and low recurrence of granuloma.

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